### WHEN

Thursday, August 11, 2022

## WHERE

Purdue Polytechnic 1920 Purdue Pkwy. Anderson, IN 46016

# WHAT

An educational workshop for Dementia Professionals & Caregivers

# SCHEDULE

8:00am - Registration & Continental Breakfast 9:00am - Welcome 9:15-11:30am - Workshop 11:30-12:30pm - Lunch 12:30pm-2:45pm - Workshop 2:45pm - Closing Remarks

# **INFORMATION**

Angie Jenkins, Outreach Coordinator ajenkins@lifestreaminc.org 765-748-6994 lifestreaminc.org/teepasnow

#### **Event Planning Committee**

LifeStream Services Purdue Extension Essential Senior Connections Ivy Tech Community Hospital Anderson Caregiver Homes Healing Hands



# Who We Are

LifeStream Services is East Central Indiana's Aging and Disability Resource Center and Area Agency on Aging. LifeStream provides programs and services to help older adults and people with disabilities remain independent and active in their homes and communities.



#### Our Mission

To provide the right information, resources, and support for improving quality of life and maintaining independence for older adults and those with disabilities.



#### Connect With Us

800-589-1121

- lifestreaminc.org
- facebook.com/lifestreamservices

### LifeStream Services presents

Teepa Snow

at Purdue Polytechnic Center

Thursday, August 11 • 8am - 2:45pm





Learn more and sign up at lifestreaminc.org/teepasnow or call 765-759-1121

# Registration

Please submit your reservation by the deadline below to secure your spot for the Teepa Snow Workshop. Questions? Please contact Angie Jenkins at 765-748-6994 or ajenkins@lifestreaminc.org.

Company:	I
Name:	1
Address:	I
	I
Phone:	I
Email:	I

#### **Registration Options:**

🗌 Early Registration <sup>\$</sup> 25 - I	Deadline July 14th
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- Late Registration <sup>\$</sup>30 Deadline July 28th
- 2 CEU's <sup>\$</sup>10
- Vendor Booth <sup>\$</sup>100
- Activities & Engagement for those living with dementia will be offered for \$15 by request Only. *Limited space available based on level of care.*

#### Payment:

Form Total: \$				
Send an invoice (Vendor only)				
Credit Card	Cash	Check		
Name:				
Card #:				
Code:	Exp.:			

Make checks payable to LifeStream Services. Completed forms should be sent to 1701 Pilgrim Blvd. Yorktown, IN 47396.

Register online at lifestreaminc.org/teepasnow

# Until There's a Cure, There's Care! ™

# Workshop Information

Teepa will spend the day educating attendees on two important topics:

#### Brain Changes in Dementia

This session will improve the learner's understanding of the brain changes that occur during the process of dementia. Learners will understand the changes within the structure of the different parts of the brain that are often observed, and the ways in which these changes often vary based on the type of dementia present. Learners will also understand the ways in which these structural changes contribute to changes in everyday function. This session will also address the differences between "normal" and "not normal" aging. The goal of this session will be to increase awareness of dementia as a disease with an emphasis on empathy and understanding the condition.

#### Using a Positive Approach to Dementia Care

Those who interact with people living with dementia often struggle with how to react to occurences as repeatedly asking the same questions or telling the same stories, accusing others of stealing items that they themselves have hidden, making rude or inappropriate comments, calling people names, or using profanity. Because behavior can change from one moment or day to the next can vary widely between individuals, it may seem like the person living with dementia is deliberately choosing their behavior. The goal of this session is to help attendees manage their own attitude and behavior for improved outcomes and interactions. This session will provide learners strategies and methods of providing assistance to individuals living with dementia using their retained abilities to promote

positive outcomes in interactions. Emphasis will be placed on helping learners to approach people with dementia safely and consistently, provide verbal support and responses that reduce distress, and improve social engagement. The session will be very interactive with the goal of providing knowledge, skills and attitudes that will change daily outcomes of dementia care.

# About Teepa

Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia or other forms of brain change.

Teepa is an Occupational Therapist with over forty years of rich and varied clinical and academic experience. Her philosophy is reflective of her education, work experience, medical research, and first-hand caregiving experiences.

