

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00am Rest and Recharge 11:00am Gaithers Sing Along	2 9:30am Mindful Movement 9:45am Sip & Social 10:00am Hello March 1:30pm Rainbow Links 6:00pm Bingo <small>Purim Begins</small>	3 9:30am Gentle Stretches 9:45am Sip & Social 10:00am Leprechaun Fork Painting 1:30pm Tabletop Games	4 9:30am Morning Motion 9:45 Sip & Social 10:00am Shamrock String Art 1:30pm Nail Station 6:00pm Creation Station	5 9:30am Rise and Stretch 9:45 Sip & Social 10:00am Heart Clovers 1:30pm Happy Hour	6 9:30am Feel-Good Fitness 9:45am Sip & Social 10:00am Bingo 1:30pm Paper Plate Pot of Gold	7 9:30am Chair Yoga 9:45am Sip & Social 10:00am Cereal Bar Baking
8 8:00am Rest and Recharge 11:00am Gaithers Sing Along <small>Daylight Saving Time Begins</small>	9 9:30am Mindful Movement 9:45am Sip & Social 10:00am St. P Catchers 1:30pm Treats with Donna 6:00pm Bingo	10 9:30am Gentle Stretches 9:45am Sip & Social 10:00am Leprechaun Hats 1:30pm Stringing Rainbows	11 9:30am Morning Motion 9:45 Sip & Social 10:00am Gnome Leprechauns 1:30pm Tabletop Games 3:00pm Librarian Visits 6:00pm Sweet Treats	12 9:30am Rise and Stretch 9:45 Sip & Social 10:00am Paint Therapy 1:30pm Happy Hour	13 9:30am Feel-Good Fitness 9:45am Sip & Social 10:00am Bingo 1:30pm Movie and Popcorn	14 9:30am Chair Yoga 9:45am Sip & Social 10:00am Creation Station
15 8:00am Rest and Recharge 11:00am Gaithers Sing Along	16 9:30am Mindful Movement 9:45am Sip & Social 10:00am Baking with Donna 1:30pm Nail Station 6:00pm Bingo	17 9:30am Gentle Stretches 9:45am Sip & Social 10:00am Bumper with Music 1:30pm St. P Party <small>St. Patrick's Day</small>	18 9:30am Morning Motion 9:45 Sip & Social 10:00am Tabletop Games 1:30pm Movie and Popcorn 6:00pm Craft & Create	19 9:30am Rise and Stretch 9:45 Sip & Social 10:00am Tim with Music 1:30pm Happy Hour	20 9:30am Feel-Good Fitness 9:45am Sip & Social 10:00am Bingo 1:30pm Paint Therapy <small>Spring Begins</small>	21 9:30am Chair Yoga 9:45am Sip & Social 10:00am International Sports Car Racing
22 8:00am Rest and Recharge 11:00am Gaithers Sing Along	23 9:30am Mindful Movement 9:45am Sip & Social 10:00am Paint Therapy 1:30pm In room Visits 6:00pm Bingo	24 9:30am Gentle Stretches 9:45am Sip & Social 10:00am Resident Council Meets 1:30pm Craft and Create	25 9:30am Morning Motion 9:45 Sip & Social 10:00am Fools Gold 1:30pm Tabletop Games 6:00pm Creation Station	26 9:30am Rise and Stretch 9:45 Sip & Social 10:00am Feeling Lucky 1:30pm Happy Hour 3:30 Sandra Visits	27 9:30am Feel-Good Fitness 9:45am Sip & Social 10:00am Bingo 1:30pm Movie and Popcorn	28 9:30am Chair Yoga 9:45am Sip & Social 10:00am Creation Station
29 8:00am Rest and Recharge 11:00am Gaithers Sing Along <small>Palm Sunday</small>	30 9:30am Mindful Movement 9:45am Sip & Social 10:00am Sweet Treats 1:30pm Paint Therapy 6:00pm Bingo	31 9:30am Gentle Stretches 9:45am Sip & Social 10:00am Creation Station 1:30pm Nail Station	<h1>March 2026</h1>			

Activities are held in the diningroom but are subject to change in location, date and time. Pop-up activities may occur. Outside activities are ww