

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Stretch it out 1 9:45 Coffee Talk 10:30 Baptist Group 1:30 Welcome October 6:00 Table-top Games Yom Kippur Begins	9:30 Body in Motion 2 9:45 Coffee Talk 10:00 Creation Station 1:30 Happy Hour	9:30 Move to the Music 3 9:45 Coffee Talk 10:00 Bingo 1:30 Halloween Roll and Race	9:30 Sit and Stretch 4 9:45 Sip and Social 10:00 Craft and Create
5 Rest & Recharge Gaithers Sing Along	6 9:30 Move and Groove 9:45 Coffee Talk 10:00 Pastor Paul Visits 1:30 Hunters Moon 6:00 Bingo Sukkot Begins	7 9:30 Strong Fit 9:45 Coffee Talk 10:00 Frost the Pumpkin 1:30 Table -top Games	8 9:30 Stretch it Out 9:45 Coffee Talk 10:00 Yarn Ghosts 1:30 In-Room Visits 3:00 Librarian Visits 6:00 Spooky Baking	9 9:30 Body in Motion 9:45 Coffee Talk 10:00 No Sew Halloween Character 1:30 Happy Hour	10 9:30 Move to the Music 9:45 Coffee Talk 10:00 Bingo 1:30 Decorate Your Cupcake	11 9:30 Chair Yoga 9:45 Sip and Social 10:00 Scarecrow Saturday
12 Rest and Recharge Gaithers Sing Along	13 9:30 Move and Groove 9:45 Coffee Talk 10:00 Pastor Paul Visits 1:30 Skeleton Garland 6:00 Bingo Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 9:30 Strong Fit 9:45 Coffee Talk 10:00 Yarn Monsters 1:30 Sweet Treats Simchat Torah Begins	15 9:30 Stretch it Out 9:45 Coffee Talk 10:30 Baptist Group 1:30 Spider Webbing 6:00 Creation Station	16 9:30 Body in Motion 9:45 Coffee Talk 10:00 Tim with Music 1:30 Happy Hour	17 9:30 Move to the Music 9:45 Coffee Talk 10:00 Bingo 1:30 Roll A Jack O Lantern	18 9:30 Sit and Stretch 9:45 Sip and Social 10:00 A Batty Time
19 Rest and Recharge Gaithers Sing Along	20 9:30 Move and Groove 9:45 Coffee Talk 10:00 Pastor Paul Visits 1:30 Monster Cookies 6:00 Bingo	21 9:30 Strong Fit 9:45 Coffee Talk 10:00 Bumper with Music 1:30 Travis with Spooky Tones	22 9:30 Stretch it Out 9:45 Coffee Talk 10:00 Slime Time 1:30 Casper Meets Wendy 6:00 Craft and Create	23 9:30 Body in Motion 9:45 Coffee Talk 10:00 Table-top Games 1:30 Happy Hour 3:30 Sandra Visits	24 9:30 Move to the Music 9:45 Coffee Talk 10:00 Bingo 1:30 Witch Hockey	25 9:30 Chair yoga 9:45 Sip and Social 10:00 Paint Therapy
26 Rest and Recharge Gaithers Sing Along	27 9:30 Move and Groove 9:45 Coffee Talk 10:00 Pastor Paul Visits 1:30 Poke a Ghost 6:00 Bingo	28 9:30 Strong Fit 9:45 Coffee Talk 10:00 Paint Therapy 1:30 Resident Council 6:00 Trick or Treat	29 9:30 Stretch it Out 9:45 Coffee Talk 10:00 Halloween Trivia 1:30 Monsters Ink	30 9:30 Body in Motion 9:45 Coffee Talk 10:00 Creation Station 1:30 Happy Hour	31 9:30 Move to the Music 9:45 Coffee Talk 10:00 Bingo 1:30 Happy Halloween Halloween	

Activities are held in dining room but are subject to change in time, date and location. Pop up activities may occur. Outside activities are weather dependent.